



Michael Freeman Strong

March 30, 1949 - September 14, 2022

Michael Freeman Strong, 73 years old, of Waldorf, Maryland passed away at Medstar Southern Maryland Hospital on September 14, 2022. He was a long-time resident of Waldorf, Maryland for over 30 years.

Born March 30, 1949 in Savannah, Georgia. He was the son of Helen and John Strong of McLean, VA.

He was preceded in death by his mother, Helen (Scott) Strong, father, John Strong, sister Sherrill Strong, and father-in-law Francis Herbert.

He is survived by his wife, Faith Strong of Waldorf, MD; a daughter, Christina Buglisi of Port Tobacco, MD, and two grandchildren Milania and Anthony Buglisi; mother-in-law Anne Herbert of Fort Washington, MD, five brothers-in-law, and five sisters-in-law, Anthony Herbert, Sr. & wife Sheila of Hughesville, MD, Mark Herbert & wife Terri of Port Tobacco, MD, David Herbert & wife Debbie of LaPlata, MD, James Herbert & wife Susie of Owings, MD, and Francis Herbert & wife Lynn of Thurmont, MD; including several nieces and nephews and great-nieces and great-nephews. Additionally, he is survived by his brother-in-law Tom Evans and nephew Daniel Evans of Englewood, CO.

Michael was married to Faith "Faye" Strong on December 6, 2006. He enjoyed many favorite past times of riding his Honda motorcycle, enjoying

time with friends, traveling, watching the Washington Redskins (now the Washington Commanders) football team, listening to music, and spending time with his wife and family. He was a member of a twelve-step fellowship program which he participated in frequently throughout his 38 years of sobriety.

After high school, he took up trades in the dry wall construction business, as well as turned an interest of the addictions counseling field into a career by working with Changing Point in Charles County, MD, and later, received a position as an addiction counselor with Sunrise, a youth recovery treatment facility with Fairfax County government in Herndon, VA. After years with Sunrise, he made a lateral move to another facility at Crossroads in Alexandria, VA before he retired. Michael held several certifications in counseling and was very knowledgeable in his career field. He retired from Fairfax County government in 2013.

A Memorial Service will be held on Thursday, September 22, 2022 at 10:00 A.M. at St. Mary's Catholic Church of Bryantown, 13715 Notre Dame Pl., Bryantown, MD. 20617

In lieu of flowers to the church, please make a donation to the American Cancer Society.

Previous Events

Memorial Service

SEP **22**. 10:00 AM (ET)

St. Mary's Bryantown Catholic Church
13715 Notre Dame Place
Bryantown, MD 20617

Tribute Wall



“ *Michael Freeman Strong*

October 08, 2023 at 10:45 PM



“ *Michael Freeman Strong*

October 04, 2023 at 03:12 PM



“ *Michael, my beloved husband, I miss you more and more each day. There is not a day in my life I won't think of your kindness, gentle ways, strength and your beautiful soul.*

Faith Strong - September 25, 2022 at 10:30 AM



“ *The world lost a Legend and Heaven gained an angel. This one hits hard, there was so much I wanted to say, but most importantly I wanted to tell you how you and a select couple of counselors saved me and the direction I was headed in at a young age. I don't know how you knew what I needed at that time but you did and you have meant the world to me, even when we havent spoke in years there just is this special place in my heart ,you were like a father to me and I am forever grateful to have met you. Rest Easy Mike Strong you will forever be in my heart*

Angela - September 20, 2022 at 04:08 PM



Thank you. ❤️💔😭

Faith Strong - September 25, 2022 at 10:30 AM

MF

“ I worked with Mike at Sunrise House. He loved working with the kids. And the kids loved him. He was so gifted as a counselor, and he taught me a lot. My condolences to Faye and all of Mike's family and friends.

Mary Flaherty - September 20, 2022 at 04:08 PM

FS

Thank you Mary. 💔😭🙏

Faith Strong - September 25, 2022 at 10:31 AM

MF

“ 1 file added to the album Sunrise House



Mary Flaherty - September 20, 2022 at 04:06 PM

DB

Mike and Sunrise House helped save my life back in 1992. I'm forever grateful to Mike and the staff there. He was considered an angel on earth by many. Now he's an angel above.
-Danilo B.

Danilo B. - September 29, 2022 at 12:11 AM

David
Burke

“ Words can't describe what Mike meant to me and so many others. He was larger than life to me, the void of his passing is so painful, but my memories of him will always fill my heart and put a smile on my face. I miss you brother.

David Burke - September 19, 2022 at 09:24 PM

FS

Thank you. My sorrow runs deep. 🥹🙏

Faith Strong - September 25, 2022 at 10:32 AM



“ *Beautiful in Blue was purchased for the family of Michael Freeman Strong.*



September 18, 2022 at 07:59 PM



“ *Michael lived with me, Marshall and my two sons for approximately two years in the early 80s. He loved my cooking and if I made cranberry or apple bread he was always right there to get a (rather large) slice as soon as it came out of the oven. Lots of great, and funny, memories of Mike. I'm so sorry he is no longer with us and he will be sorely missed.*

Patty Mattingly - September 17, 2022 at 01:59 PM

FS

Thank you and Marshall. 🥹🙏💔

Faith Strong - September 25, 2022 at 10:32 AM

GM

I just felt compelled to write that I have known Mike since 1985 and was inspired by him to go into the counseling and psychotherapy field myself. Mike always encouraged me to keep going. He also told me in 1988 to "get out of there" in 1988 when I was in a very bad place, "come and meet me for coffee" I did and never looked back! I will never forget his voice in many forms. I too, loved him, but just learned.. Garry Murray

Garry Murray - October 02, 2023 at 02:22 PM