



## Mary Catherine Heglmeier

April 3, 1930 - February 25, 2023

Mary Catherine Heglmeier, 92, of Waldorf, Maryland, passed away on Saturday, February 25, 2023.

Born on April 3, 1930 in Arlington, Massachusetts, she was the daughter of the late Salvatore Sapuppo and Antonina Ciccola. Mrs. Heglmeier retired from the Federal Government after an Accounting career with the Treasury Department and Government Printing Office. She enjoyed baking, cooking, and spending time with her grandchildren. She loved to make her homemade Italian sauce for everyone to enjoy. An intelligent woman; she was witty, clever and always there to listen. Mrs. Heglmeier attended and was very active with Our Lady Help of Christians Catholic Church in Waldorf.

In addition to her parents, Mrs. Heglmeier was preceded in death by her husband of 50 years, Kenneth George Heglmeier; daughter Donna Marie Bowen; and her sisters.

She is survived by her son David Heglmeier; grandchildren Alexandra Bowen, Gene Bowen Jr., Anastasia Siberon and Courtney Murphy; great grandchildren Gene III, Scarlett, Beau, Savannah and Cassidy.

A visitation will be held on Thursday, March 23, 2023 from 10AM until time of Mass at 11AM at Our Lady Help of Christians Catholic Church, 100 Village Street, Waldorf, Maryland 20601. Interment to follow at Cheltenham Veterans

Cemetery, 11301 Crain Highway, Cheltenham, Maryland 20623.

In lieu of flowers, memorial contributions may be made to Our Lady Help of Christians Catholic Church, 100 Village Street, Waldorf, Maryland 20601.

# Previous Events

## Visitation

MAR **23**. 10:00 AM (ET)

Our Lady Help of Christians Catholic Church  
100 Village Street  
Waldorf, MD 20602

## Mass

MAR **23**. 11:00 AM (ET)

Our Lady Help of Christians Catholic Church  
100 Village Street  
Waldorf, MD 20602

# Tribute Wall



“ *Mary Catherine Heglmeier*

October 08, 2023 at 10:45 PM



“ *Mary Catherine Heglmeier*

October 04, 2023 at 03:12 PM



“ *Words cannot express the sadness I felt when I heard of Ms. Mary's transition to glory. Her and Mr. Ken greeted us as close neighbors when we moved into our home in 2001. I was and still am comforted in knowing she is resting in the arms of our Lord and Savior Jesus Christ. She was never ashamed of confessing her belief in Him.*

*On beautiful days, I could count on her being on the back deck at the end of my work day (with either Susie or Mollie) inquiring about my day and commute. She was up in all the latest local and national events... especially the politics.*

*I will always remember her as fierce, intelligent, independent and determined.*

*On behalf of the Forbes Family please accept our sincere condolences. May she rest in peace 🕊️*

J Forbes - March 25, 2023 at 06:38 PM

RB

“ Sorry to hear of Mary’s passing. Mary was one of the first to greet my family when we moved into the neighborhood. She always said hi whenever we saw each other. My thoughts and prayers are with the family. Wish I could be at the service but will be unable to attend. Richard Baker



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**Richard Baker** - March 20, 2023 at 11:56 AM

JB

So sorry to learn of Mary's passing. I was wondering about her on the 22nd anniversary of her Daughter's passing. I spent many happy times in her kitchen over the years as Donna's close friend. It is comforting to know that she is reunited with Ken and Donna now.

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**Judy Murphy Brown** - September 11, 2023 at 06:55 AM