



Jean Marie Valenta

July 30, 1946 - January 3, 2022

Jean Marie Valenta, 75, of La Plata, Maryland, passed away on Monday, January 3, 2022, at the University of Maryland Charles Regional Medical Center in La Plata.

Born on July 30, 1946, in Seattle, Washington, she was the daughter of the late William H. Sandweg Jr. and Rose Marie Sandweg. A homemaker and mom, Jean enjoyed cooking, reading, bird watching, train watching, traveling, vacationing at the Outer Banks, and being with her family. She was very active with Pets on Wheels and attended Sacred Heart Catholic Church in La Plata.

Jean is survived by her husband of 53 years, Frank J. Valenta; children Karen Valenta Talbot (Ret), John Valenta, and Gregory Valenta (Jenn); siblings Frances Anne Canavan, William H. Sandweg III (Jeannie), John Sandweg (Trish), and Robert Sandweg (Linda), as well as many loving nieces and nephews.

Due to the current pandemic circumstances, the family is wishing to have a private period of mourning with a celebration of Jean's life at a later date and time to be announced. The family regrets not being able to share your friendship and physical comfort at this time, but it is their hope that all that will change in the near future.

Memorial contributions may be made in Jean's name to World Central Kitchen (wck.org) and the Autism Society of America (autismsociety.org).

Tribute Wall



“ *Jean Marie Valenta*

October 08, 2023 at 10:45 PM



“ *Jean Marie Valenta*

October 04, 2023 at 03:12 PM



“ *She was such a sweet lady, I always enjoyed talking to her in person and online. I'm saddened to just now hear of her passing! I feel so bad I did not attend her service. God bless her and her family.*

Charlie Bury

Charlie Bury - March 24, 2022 at 11:41 AM



Thank you, Charlie for the beautiful words you wrote about my dear sister. Please do not fret because you did not attend the service as it was family only due to the severe Covid outbreak in January.

Fran Canavan - March 24, 2022 at 01:42 PM



“ *1 file added to the tribute wall*



Karen Talbot - February 09, 2022 at 05:56 PM



Mom insisted on taking off her visor for this picture :)

Karen Talbot - February 09, 2022 at 05:57 PM

FC

“ 1 file added to the album *Jean Marie Valenta*



Fran Canavan - February 03, 2022 at 10:29 PM

KT

“ 1 file added to the tribute wall



Karen Valenta Talbot - February 03, 2022 at 02:38 PM

AB

“ Ms, Valenta was the aid in my second grade classroom. I really struggled in school but she is the person that kept me going. Later in life I was fortunate to run into her again when John came to work in my parents deli. She was so kind to my family when we ran into illness. When I gained independence and had children of my own she always shared her knowledge and love for them too (Facebook kept us connected). I will light a candle and think of the love that she so generously shared with me throughout my life. Sending her family some of the light that she shared with me. ❤️



Amy Bayard - January 19, 2022 at 07:12 PM

FC

Dear, dear Amy, What an incredibly beautiful tribute you have written for my sister Jean. On behalf of my family, I want to thank you for letting us know about the positive influence Jean had on your life. It was so thoughtful of you to take the time to share your memories.

Fran Canavan - February 03, 2022 at 10:25 PM

KB

“ My sincerest condolences to Jean's family. My sister, Debbie Hardos is a dear friend of Jean. Jean was such a sweet and loving person. She will truly be missed by many! You are all in my thoughts and prayers!!
Karen Buhrman

Karen Buhrman - January 18, 2022 at 08:20 PM

FC

Thank you, Karen. My sister Jean frequently spoke of her best friend Debbie. Although I never met Debbie, I was so pleased that Jean had such a loving person in her life.

Fran Canavan - January 18, 2022 at 09:08 PM

FC

“ 1 file added to the tribute wall



Fran Canavan - January 14, 2022 at 10:54 PM

“The Twins: Robert (Bob) Sandweg and Jean Marie (Sandweg) Valenta.

“My twin sister, Jean Marie and I were born in Chicago, IL on July 30th, 1946. Growing up, Jean Marie was a “Saint” compared to me, as my mother, Rose Marie Sandweg would readily attest. Jean Marie is the most loving person I have ever known, other than perhaps my dear Mother, Rose Marie, of course. They were cut from the same cloth.

Jean Marie was loving, compassionate, forgiving and was a BFF (best friend forever) long before that was a thing on social media. She was a Super Mom, willing to do virtually anything to love and support her family. She was intentional in maintaining her many friendships and as a result she had many lifelong friends.

The Holy Bible describes such a woman as Jean Marie in Proverbs 31:

“A wife of noble character who can find? She is worth far more than rubies. Her husband has full confidence in her and lacks nothing of value. She brings him good, not harm, all the days of her life. She opens her arms to the poor and extends her hands to the needy. She is clothed with strength and dignity; she can laugh at the days to come. She speaks with wisdom, and faithful instruction is on her tongue. She watches over the affairs of her household and does not eat the bread of idleness. Her children arise and call her blessed; her husband also, and he praises her: “Many women do noble things, but you surpass them all.””

Proverbs 31:10-12, 20, 25-29 NIV.

My sister, Jean Maire loved Jesus and received Him as her Savior and as Lord. We praise God for His eternal mercy and grace, which he lavished upon Jean Marie and her family. We are eternally grateful for the life of Jean Marie and we were Blessed to have Jean Marie in our family for so many years. We know we will be united

together again in Glory.”

*Sincerely, Bob Sandweg
(Twin brother of Jean Marie (Sandweg) Valenta)*

Fran Canavan - January 14, 2022 at 10:51 PM



“ 1 file added to the tribute wall



Fran Canavan - January 14, 2022 at 05:38 PM

FC

Jean and Frank

Fran Canavan - January 14, 2022 at 10:49 PM



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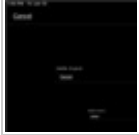


Fran Canavan - January 14, 2022 at 05:37 PM

FC

Jean, Mom and Fran

Fran Canavan - January 14, 2022 at 10:48 PM



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Fran Canavan - January 14, 2022 at 05:36 PM



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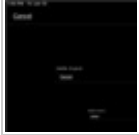
Fran Canavan - January 14, 2022 at 05:34 PM



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Fran Canavan - January 14, 2022 at 05:33 PM



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Fran Canavan - January 14, 2022 at 05:32 PM



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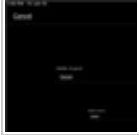
Fran Canavan - January 14, 2022 at 05:32 PM



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Fran Canavan - January 14, 2022 at 05:31 PM



“ 1 file added to the tribute wall



Fran Canavan - January 14, 2022 at 05:30 PM



“ Frank, Rose and I are so very sorry to hear about your wife! Take care of yourself and be safe! Carol Pyle Med Star Southern Maryland Hospital Community Health

Carol Pyl - January 14, 2022 at 03:33 PM



“ Full Of Love Bouquet was purchased for the family of Jean Marie Valenta.



January 14, 2022 at 12:08 PM

WC

“Mrs. Valenta, we are going to miss your smiling face and kind words walking around the neighborhood. We will miss your stop on the Halloween trek. You were so happy to see all the neighborhood kids dressed up in their costumes, and you always had treats for the grown ups as well! The kids will always remember how you would put advent calendars in our mailbox at Christmas. The neighborhood will not be the same without you. <3

Love,

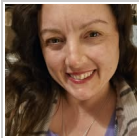
The Cramptons

Wendy Crampton - January 13, 2022 at 02:33 PM

FC

Thank you, Crampton Family, for your kind words. Each time my sister walked around the neighborhood, she would tell me about who she saw, who she spoke with and the dogs everyone had. In the almost 50 years that Jean and her family lived there, she consistently “boasted” about what wonderful neighbors they had.

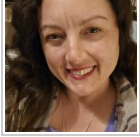
Fran Canavan - January 13, 2022 at 05:14 PM



“Julie Pastor purchased the Full Of Love Bouquet for the family of Jean Marie Valenta.



Julie Pastor - January 12, 2022 at 09:25 PM



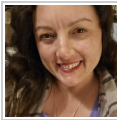
“ *Oh, Jean. I am going to miss you so much. You were such a kind, generous, loving and selfless person. We all love you and know your'e in a better place, but oh we're going to miss you in the meantime! Thank you for being such a good friend! <3*
Love,
Julie Pastor (Chris and Will)

Julie Pastor - January 12, 2022 at 09:17 PM

FC

Thank you, Julie, for the wonderful words you wrote for my sister.

Fran Canavan - January 12, 2022 at 09:31 PM



You're welcome! She was a wonderful wonderful lady!

Julie Pastor - January 12, 2022 at 09:47 PM

FC

“ *1 file added to the album Jean Marie Valenta*



Fran Canavan - January 11, 2022 at 11:13 PM



Niece Megan, Sister-in-Law Trish, Jeannie

Fran Canavan - January 14, 2022 at 01:19 PM

FC

“ 1 file added to the album *Jean Marie Valenta*



Fran Canavan - January 11, 2022 at 11:11 PM



Frank, John and Jean

Fran Canavan - January 14, 2022 at 01:20 PM

FC

“ 1 file added to the album *Jean Marie Valenta*



Fran Canavan - January 11, 2022 at 11:10 PM



Jean and Frank

Fran Canavan - January 14, 2022 at 01:18 PM

FC

“ 1 file added to the album *Jean Marie Valenta*



Fran Canavan - January 11, 2022 at 10:58 PM



Jean and daughter Karen

Fran Canavan - January 14, 2022 at 01:21 PM



“ 1 file added to the album *Jean Marie Valenta*



Fran Canavan - January 11, 2022 at 10:57 PM



Karen and Jean

Fran Canavan - January 14, 2022 at 01:21 PM



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Fran Canavan - January 11, 2022 at 10:55 PM