



Helena Podhurec

February 16, 1945 - September 15, 2022

Helena Podhurec, 77, of Issue, MD died on September 15, 2022 at SagePoint Senior Living Services, La Plata, MD.

Helena was born on February 16, 1945 in the Czech Republic to the late Maria Stasiw and John Mik.

From the ages of 5-16 Helena was raised in a Monastery in Poland. At the age of 16 she moved to a Ukrainian Community in Toronto Canada, where she met the love of her life and future husband Hryhorij. In 1976 they moved to Los Angeles, California where they joined the St. Volodymyr Ukrainian Orthodox Church. In 1984 they moved to South Bound Brook, NJ and attended St Andrew Ukrainian Orthodox Memorial Church. In 1985 they moved to Silver Spring, Maryland where Hryhorij was the Priest and built the St. Andrew Ukrainian Orthodox Cathedral.

Helena loved the Church, cooking and providing food at all of its events and being a Pani Matka or

Dobrodika (priest wife.) She was a loving; wife, mother, and grandmother. In addition to her parents, she is preceded in death by her husband, Rev. Hryhorij Boris Podhurec.

She is survived by her daughters; Marusia Melackrinos and her husband Father Luke Melackrinos, and Olga Stahl and her husband Al Stahl,

grandchildren; Helena, Magdalena, Mia, and Matthew.

A Service will be held on Monday, September 19, 2022 at 6:00PM at St. Andrew Ukrainian Orthodox Cathedral, 15100 New Hampshire Ave, Silver Spring, MD 20905. An additional Service will be held on Tuesday, September 20, 2022 at 2:00PM at St. Andrew Ukrainian Orthodox Cathedral, 280 Main Street, S. Bound Brook, NJ 08880 where Interment will follow in the Church Cemetery.

In lieu of flowers memorial donations in Helena's name are asked to be made to, St. Andrew Ukrainian War Efforts c/o St. Andrew Ukrainian Orthodox Cathedral, 15100 New Hampshire Ave, Silver Spring, MD 20905.

Cemetery Details

St. Andrew Ukrainian Orthodox Memorial Cemetery

280 Main Street
S. Bound Brook, NJ 08880

Previous Events

Service

SEP **19**. 6:00 PM (ET)

St. Andrew Ukrainian Orthodox Cathedral
15100 New Hampshire Avenue
Silver Spring, MD 20905

Service

SEP **20**. 2:00 PM (ET)

St. Andrew Ukrainian Orthodox Memorial Church
280 Main Street
S. Bound Brook, NJ 08880

Burial

SEP **20**. 3:00 PM (ET)

St. Andrew Ukrainian Orthodox Memorial Cemetery
280 Main Street
S. Bound Brook, NJ 08880

Tribute Wall



“ *Helena Podhurec*

October 08, 2023 at 10:45 PM



“ *Helena Podhurec*

October 04, 2023 at 03:12 PM



“ *It was a warm friendship I shared with your Mom.*

Al Pepi Stahl - September 22, 2022 at 09:32 AM



“ *Ardrika Key lit a candle in memory of Helena Podhurec*



Ardrika Key - September 20, 2022 at 10:08 AM



“ *Strength & Solace Spray was purchased for the family of Helena Podhurec.*



September 19, 2022 at 01:26 PM