



## Helen Cartalla Caballero

September 22, 1942 - March 9, 2018

Helen Cartalla Caballero, 75, of Waldorf, MD, was welcomed into the arms of Jesus on March 9, 2018. She was a hardworking wife, mama, and Lola who was known for her tireless energy, love for her family, and constant singing of hymns. One of her greatest joys was spending time with her six grandchildren.

Helen worked as a Pharmaceutical Technician for 25 years with local hospitals, primarily at Greater Southeast Hospital in Washington, D.C. She was also a member of the First Baptist Church of St. Charles in Waldorf, MD.

Helen was preceded in death by her parents, Lucas and Victoria Cartalla and her brother-in-law Rudolfo Duyongco. She is survived by her husband, Bienvenido Caballero; two sons, Eugene and Ian Caballero; one brother, Nehemiah Cartalla; two sisters, Caroline Duyongco and Paterna Alcala ; and six grandchildren, Josiah, Malachi, Isaiah, Samuel, Julio, and Rebekah.

The family will receive friends on Thursday, March 15, 2018 from 5pm until time of Funeral Service at 7pm. The service and visitation will be at First Baptist Church of St. Charles, 136 Stoddert Avenue, Waldorf, MD 20602. Interment will be on Friday, March 16, 2018 at 11am at Heritage Memorial Cemetery, 13472 Poplar Hill Road, Waldorf, MD 20602.

To send flowers or a memorial gift to the family of Helen Cartalla Caballero

please visit our Sympathy Store. Memorial contributions in Helen's name will go to the First Baptist Church of St. Charles, 136 Stoddert Avenue, Waldorf, MD 20602.

# Cemetery Details

## Heritage Memorial Cemetery

13472 Poplar Hill Road  
Waldorf, MD 20601

# Previous Events

## Burial

MAR 16. 11:00 AM (ET)

Heritage Memorial Cemetery  
13472 Poplar Hill Road  
Waldorf, MD 20601

# Tribute Wall



“ *Helen Cartalla Caballero*

October 08, 2023 at 10:45 PM



“ *Helen Cartalla Caballero*

October 04, 2023 at 03:12 PM



“ *While I'm unable to attend the funeral, I would like to let the Caballero family I'm thinking about them from long-distance.*  
*-Dave C.*

**Dave Cartalla** - March 16, 2018 at 03:43 PM



“ *The Conda Family purchased the Sweet Solace Spray for the family of Helen Cartalla Caballero.*



**The Conda Family** - March 15, 2018 at 05:48 PM



“ *With all our love, The Conda and Sadaya Family purchased the Medium Dish Garden for the family of Helen Cartalla Caballero.*



**With all our love, The Conda and Sadaya Family** - March 15, 2018 at 05:14 PM



“ *Full Of Love Bouquet was purchased for the family of Helen Cartalla Caballero.*



March 15, 2018 at 11:53 AM



“ *Peaceful White Lilies Basket was purchased for the family of Helen Cartalla Caballero.*



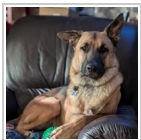
March 15, 2018 at 04:05 AM



“ *Sentiments of Serenity Spray was purchased for the family of Helen Cartalla Caballero.*



March 15, 2018 at 12:02 AM



“ *What a sweet, precious angel. Helen always made me smile and my heart feel light. Truly a blessing from above. Sending love to all of you from my heart. You are a wonderful family.*

**Tyna Bo** - March 14, 2018 at 10:32 PM

**AB**

*My Condolences to the Caballero family.*

**Anita Bonds** - March 15, 2018 at 07:08 PM

KS

“ I will miss seeing her in the front singing with the Church. God needed a lead singer for his Choir in Heaven and Helen was perfect for the role. She will be missed but most of all we all will look forward to being and feasting with her again next to our Lord in Heaven. Karl Steinsberger

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**Karl Steinsberger** - March 14, 2018 at 11:31 AM

PA

Our deepest condolences to Helen's family and the Cartalla family. She is resting in the arms of our Lord.  
Pam and Andy Andres

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**Pam and Andy Andres** - March 14, 2018 at 08:41 PM



“ Crystal Cross Bouquet was purchased for the family of Helen Cartalla Caballero.



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March 14, 2018 at 08:22 AM

EF

“ Our hearts are saddened with the passing of a dear sweet lady. Our prayers are with Helen that she will always Rest In Peace and her family will find the strength and comfort they need. Love and prayers from the Regala Family (Eulo, Susan, Eulo Jr, Dejalana, Teya, Nadeya and Eulo3)



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**Eulo/Susan Regala and Family** - March 11, 2018 at 06:36 PM

EF

“ *Eulo/Susan Regala And Family sent a virtual gift in memory of Helen Cartalla Caballero*



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**Eulo/Susan Regala and Family** - March 11, 2018 at 06:25 PM