



Allen Heim

June 15, 1928 - October 31, 2007

Dr. Allen H. Heim, 79, of La Plata died Oct. 31, 2007, at home.

Dr. Heim was formerly of Lynchburg, Va., where he was an active member of the Art Club. He loved to cook, watch cooking shows and the Weather Channel. He loved people and to be able to show off his cooking skills.

He received his undergraduate degree from Lebanon Valley College and his doctorate from Rutgers University. He was very proud of the years he served in the U.S. Navy. He started his career as an assistant professor at Georgetown University and then worked in private industry for several years. He worked for more than 20 years as a civil servant in the health care field at both the National Institutes of Health and the Food and Drug Administration where he received many awards. He always enjoyed doing things with his family and in support of his two sons. He served in various positions at his church and was the Fairfax High School Band Boosters president for two years in the 1970s. He was fond of his best friend, Harold, his Scottish terrier.

Born June 5, 1928, in Lebanon, Pa., he was the son of the late Guy R. Heim and the late Edna C. Heim.

In addition to his parents, he was preceded in death by his wife, Peggy Heim and brother, Guy “Bud” Heim.

He is survived by his sons, Allen Heim of La Plata and Jeffrey Heim of Baltimore; stepsons, Shannon Perry of West Hartford, Conn., and Damon Perry of Grosse Point, Mich.; brother, Bernard Heim of Manheim, Pa.; sister, Mary Jane Carpenter of Annville, Pa.; former wife, Julia Heim of Fairfax, Va.; nine grandchildren; and one great-granddaughter. A funeral service will be held at 11 a.m. Nov. 16 at Raymond Funeral Service chapel, La Plata, to be followed by burial at 1 p.m. at Maryland Veterans Cemetery, Cheltenham.

Memorial contributions may be made to the Humane Society of Charles County, P.O. Box 1015, Waldorf, MD 20604-1015.

Tribute Wall



“ *Allen Heim*

October 08, 2023 at 10:45 PM



“ *Allen Heim*

October 04, 2023 at 03:12 PM